

NEONATAL JOURNEY TO HOME

childrensMN.org/myjourney/neonatal

Taking your baby home from the hospital is a big step. We are here to help you through the journey. Use this checklist as a guide for what you need to know before taking your baby home. Please ask us any questions that you have along the way.

1



I can tell you about my baby's condition and care setting.

2



I know about hand hygiene and preventing infection.

3



I know how to care for my baby.

4



I know how to feed my baby.

5



I can tell you about my baby's developmental milestones.

6



I know how to calm my baby.

7



I know my baby's immunization schedule.

8



I know my baby's feeding plan for home.

9



I can show how to give my baby's medications.

10



I know my baby's discharge equipment and supplies.

11



I know about my baby's discharge screening/tests.

12



I know how to keep my baby safe at home.

13



I understand when and why to call the doctor.

14



My follow-up appointments are scheduled.

Notes:
